



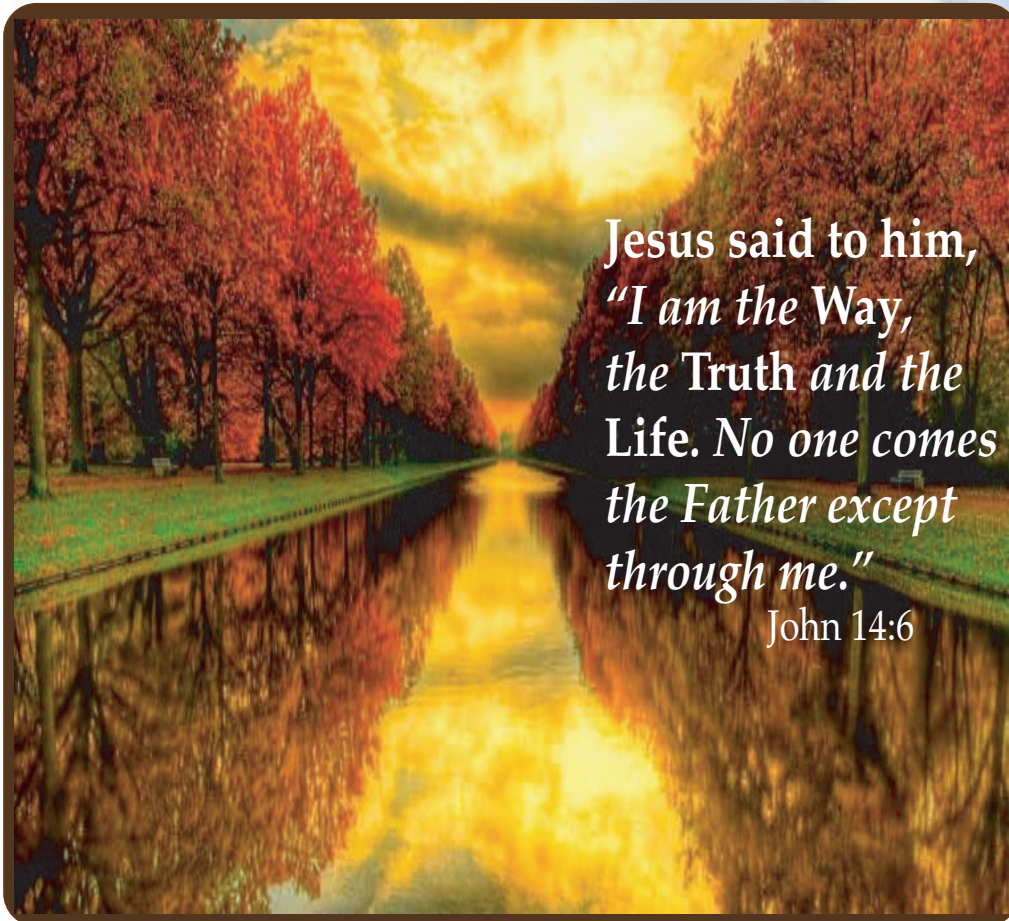
# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



## Thoughts of Fr Francis Jordan

O Lord, help me, show me the way! Without you, I can do nothing.  
I hope all things from You. In you, O Lord, I have hoped,  
I will not be confounded for ever.



Jesus said to him,  
*"I am the Way,  
the Truth and the  
Life. No one comes  
the Father except  
through me."*

John 14:6

## MEMORARE

Remember,  
O most gracious  
Virgin Mary,  
that never was it known  
that anyone who fled  
to your protection,  
implored your help,  
or sought your intercession  
was left unaided.  
Inspired by this confidence,  
I fly to you,  
O Virgin of virgins,  
my mother;  
to you I come,  
before you I stand,  
sinful and sorrowful.  
O Mother of the Word  
Incarnate, despise not  
my petitions,  
but in your mercy  
hear and answer me.  
Amen.



### POPE FRANCIS' PRAYER INTENTION FOR MAY For Church Movements and Groups

We pray that Church movements and groups may rediscover their mission of evangelization each day, placing their own charisms at the service of needs in the world.

Continue to practise good hygiene. ***Please use the hand sanitisers provided in both of our Churches.***

  
You can find us on  
**Instagram**  
(pittwater\_parish)

**If you have used this bulletin, please take it home with you.**

 Like us on  
**Facebook**  
**Parish of Pittwater**

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church



## MASS TIMES

SACRED HEART CHURCH  
1 Keenan Street, Mona Vale

Weekday Masses

Tuesday 8.30am

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am*

Wednesday 9.30am

Thursday 7pm

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm*

Friday 9.30am

*First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am*

Weekend Masses

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am • 6.00pm (SOUL)

Reconciliation

4.00pm to 4.30pm Saturday

Baptism

4th Sunday - 11.30am

MARIA REGINA CHURCH  
7 Central Road, Avalon

Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

*9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am*  
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

Weekend Masses

Saturday Vigil 6.00pm

Sunday 9.00am

Reconciliation

Before Vigil Mass on Saturday

Baptism

3rd Sunday - 11.00am

## We Pray for

### Recently Deceased

Janice Mary Graham  
Dominic Alexander de Jonk

### Prayers for the Sick

Anna Smigowska  
Sarah Zofrea  
Guy Zofrea  
Avelino Samartin  
Bill O'Connor  
Jeff Langley  
Mark Lindfiels  
Nick Moullakis  
Bill Eyre  
Brian Gregan  
Jim Hammond  
Marcia Bailey  
Bec Burroughs  
Susan Hickey  
Sophia Burfitt  
Margaret De Landre  
Maeve Robinsonn  
Jenny Carroll  
Matt Ukishima  
Pietrina Maiorana  
Mina Lee  
Maureen Herrera- Larios  
Denise Wagner  
Tom Murphy  
Leonie Ariemetto  
John Graham

## Liturgy for the Week

08/05 Monday, 5th week of Easter  
Acts 14:5-18; Jn 14:27-31

09/05 Tuesday, 5th week of Easter  
Acts 14:19-28; Jn 14:27-31

10/05 Wednesday, 5th week of Easter  
Acts 15:1-6; Jn 15:1-8

11/05 Thursday, 5th week of Easter  
Acts 15:7-21; Jn 15:9-11

12/05 Friday, 5th week of Easter  
Acts 15:22-31; Jn 15:18-21

13/05 Saturday, 5th week of Easter  
Acts 16:1-10; Jn 15:18-21

## BOOK REVIEW

Medjugorje

The Message

by: Wayne Weible



You will discover the apparitions of the Blessed Mother along with him, as he chronicles the ways that the Virgin Mary continues to speak to the world today from Medjugorje.

## Mother's Day

14th of May 2023

We invite all Mothers for a blessing during Mass:

SACRED HEART CHURCH

Saturday, 13th May at 5 pm

Sunday, 14th May at 8 am

Sunday, 14th May at 10 am

Soul Mass, 14th May at 6 pm

MARIA REGINA CHURCH

Saturday, 13th May at 6 pm

Sunday, 14th May at 9 am



Maria Regina  
Catholic Primary School Avalon

# OPEN DAYS 2023

Tuesday 14 March - 9am - 10.30am

Wednesday 14 June - 9am - 10.30am

42 Central Rd, Avalon 2107 | 02 9918 2608 | www.mrsadb.catholic.edu.au

Scan To Register



Scan to  
Give to our  
Parish of  
Pittwater

Cashless Fast Secure



Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

Available on the  
App Store

Get it on  
Google play





# PASTORAL WORKS Broken Bay

Pastoral Works Broken Bay is the pastoral charity of the Catholic community in Broken Bay.

Every gift makes a difference to someone in hospital, school, a parish or the wider community.

**Most Rev Anthony Randazzo DD JCL**  
Bishop of Broken Bay

## Thank you for your generosity

Your generosity means the Church can be there during times of great need, renewing and rebuilding their lives. Your donations support two key diocesan ministries:



### Confraternity of Christian Doctrine

Catechists taking the gospel to State school students.



### Hospital Chaplaincy & Pastoral Care Practitioners

Helping those who are vulnerable, experiencing loneliness or are sick in hospital.



### St Lucy's School

Serving year K-12 students with disabilities.



### St Edmund's College

Serving year 7-12 students with disabilities.



### Ephpheta Centre

Pastoral care, sacraments, and advocacy for the deaf community.



All donations over \$2 are tax deductible. ABN 87 849 944 998

To donate, complete the form in the envelope available in your parish and return to your parish.

Or go online by scanning the QR code or visiting: [bbcatholic.org.au/pastoralworks](http://bbcatholic.org.au/pastoralworks). Thank you.

## Why is May the Month of Mary?



For centuries, the Catholic Church has set aside the entire month of May to honour Mary, Mother of God. Not just a day in May, mind you, but the entire month. The custom spans both centuries and cultures, with roots going back as far as the Ancient Greeks. In early Greece, May was dedicated to Artemis, the goddess of fecundity.

In Ancient Rome, May was dedicated to Flora, the goddess of blooms, or blossoms.

They celebrated ludi florals, or floral games, at the end of April and asked the intercession of Flora for all that blooms.

In medieval times, similar customs abounded, all centering around the

practice of expelling winter, as 1st of May was considered the start of new growth. During this period, the tradition of Tricesimum, or "Thirty-Day Devotion to Mary," came into being. Also called, "Lady Month," the event was held from 15 August -14 September and is still observed in some areas.

The idea of a month dedicated specifically to Mary can be traced back to baroque times. Although it wasn't always held during May, Mary Month included thirty daily spiritual exercises honoring Mary.

It was in this era that Mary's Month and May were combined, making May the Month of Mary with special devotions organized on each day throughout the month.

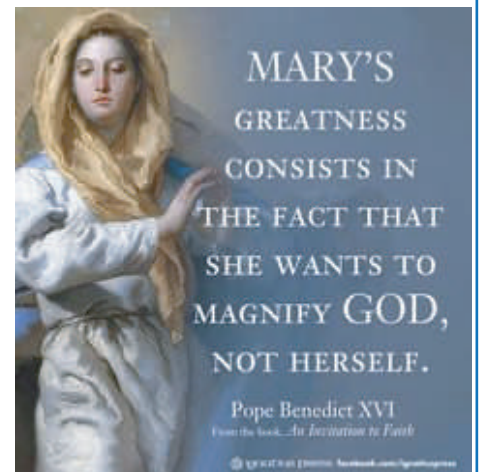
This custom became especially widespread during the nineteenth century and remains in practice until today.

The ways Mary is honored in May is as varied as the people who honor her. It's common for parishes have a daily recitation of the Rosary during May, and many erect a special May altar with a statue or picture of Mary as a reminder of Mary's month. Additionally, it's a long-standing tradition to crown the statue of Mary during May – a custom known as May Crowning. Often, the

crown is made of beautiful blossoms representing Mary's beauty and virtue. It's also a reminder to the faithful to strive to imitate our Blessed Mother's virtue in our own lives. May Crowning, in some areas, is a huge celebration and is usually done outside of Mass, although Mass may be celebrated before or after the actual crowning.

But May altars and crownings aren't just "church" things. We can and should be doing the same in our homes. When we echo the customs and traditions of the Church in our homes – our domestic churches – we participate more fully in the life of the Church.

by: **Marge Fenelon**  
National Catholic Register





# Parish Directory

## Pittwater Parish

1 Keenan Street Mona Vale  
NSW 2103  
Tel 9157 0999

### Parish Priest

*Fr Richard Sadowski SDS*

Tel 9157 0999 ext 10  
pp@pittwaterparish.org

### Assistant Priest

*Fr Zygmunt Smigowski SDS*

Tel 9157 0999 ext 12  
ap@pittwaterparish.org

### Director of Music

*Josh Willard*

Tel 9157 0999 ext 17  
music@pittwaterparish.org

### Media & Communications

#### Coordinator

*Conille Felias*

Tel 9157 0999 ext 31  
media@pittwaterparish.org

### Sacramental Coordinator

*Sonia Samartin*

Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

### CCD Catechist Coordinators

*Maureen Wooldridge*

Mobile 0421 907 469

*Veronica Thomas*

Mobile 0417 061 534

### Parish Office Hours

**Monday to Thursday**  
**9.00 am to 4.00 pm**

**Friday**

**9.00 am to 12.00 pm**

### Sacred Heart Church

1 Keenan Street Mona Vale

### Maria Regina Church

7 Central Road Avalon

### MONA VALE

#### Sacred Heart School

Tel 8197 6900

Principal: Mr Jamie Wahab

### AVALON

#### Maria Regina School

Tel 9918 2608

Principal: Miss Kirsty Thorpe

### WARRIEWOOD

#### Mater Maria Catholic College

Tel 9997 7044

Principal: Mr Marc Reicher

## Diocesan Pastoral Discernment Project Facilitator

As part of the 35th anniversary of the Diocese of Broken Bay, in August 2021, Bishop Anthony Randazzo invited the Diocesan region of the Central Coast to participate in a project of pastoral discernment. The Central Coast region was identified as the first of the three geographic regions to undertake this project which was undertaken in 2022. As part of this discernment, now completed for the Central Coast and envisaged for the Northern Beaches and North Shore of the Diocese, of paramount importance is to recognise the each of the local region's particular pastoral circumstances, opportunities, and challenges. The process of pastoral discernment envisages a sustained and prayerful study of the various factors which give our three geographic regions (Central Coast, Northern Beaches and North Shore) its unique character. The aim of this initiative is to renew the life of the Church in each of these regions of the Diocese, ensuring a sustainable and thriving ecclesial community. You may be aware that in December 2022 the Central Coast pastoral discernment was completed with the Final Report and Executive Summary publicly available. Having considered the findings of the Central Coast project, Bishop Anthony has appointed a Task Group to consider the Central Coast Report and to make recommendations to him with respect to the implementation of the findings of the Report. The work of the Task Group will be undertaken throughout 2023. Concurrently to discerning the recommendations of the Central Coast Pastoral Discernment Project, the Diocese is now also turning its focus to implementing the discernment project and process for the Northern Beaches region. In respect of both the work of the Central Coast Implementation Task Group and launching the discernment project for the Northern Beaches region, we are recruiting for a Diocesan Pastoral Discernment Project Facilitator.

The appointment of the **Diocesan Pastoral Discernment Project Facilitator** will:

1. act as an **Executive Officer**, assisting the newly appointed **Pastoral Discernment Central Coast Implementation Task Group** in the formulation and implementation of the recommendations from the Central Coast Discernment Project; and
2. coordinate and facilitate strategic planning in preparation for the **Northern Beaches Pastoral Discernment Project**.

This is a **full-time position** for a **maximum term of two years**.

The role requires a candidate with tertiary qualifications in theology, ministry, social science or a related discipline, supported by at least five years in pastoral planning and/or project management in a Church context and experience in planning of evangelisation practices in diocesan and parish contexts. You will have an understanding that this is integral to ministry in a Catholic setting and experience working in close collaboration with parishes and agencies of the Catholic Church, notably clergy and community consultation and the facilitation of large and small groups. Your proven record in project-based research and business case methodology will speak to your high-level organisational skills and the ability to collate and distil large volumes of complex information.

With consideration of the unique characteristics of the Northern Beaches region it is important that the successful candidate has a strong familiarity, identification or presence from within the northern beaches area.

For more information please contact [recruitment@bbcatholic.org.au](mailto:recruitment@bbcatholic.org.au) for an Information Pack including for details on how to apply.

**Applications close Thursday, 18 May 2023**

## Sacrament of Confirmation Update

**Saturday, 17 June 2023**

**at 6 pm**

**at Maria Regina Church**

**Sunday, 18 June 2023**

**at 10am and 12 noon**

**at Sacred Heart Church**

An extra parent information session on the Sacrament of Confirmation will take place at Sacred Heart Catholic Primary School on

**Thursday 11 May at 3.30pm**

If you want your child to be confirmed and you were not able to attend the information sessions this week, you need to attend this parent information session on Thursday. Requirements for receiving the sacrament and the enrollment process will be explained.

Online bookings for the sacrament and for the weekly preparation groups open after this session.

The preparation group meetings start **Tuesday 16 May**.



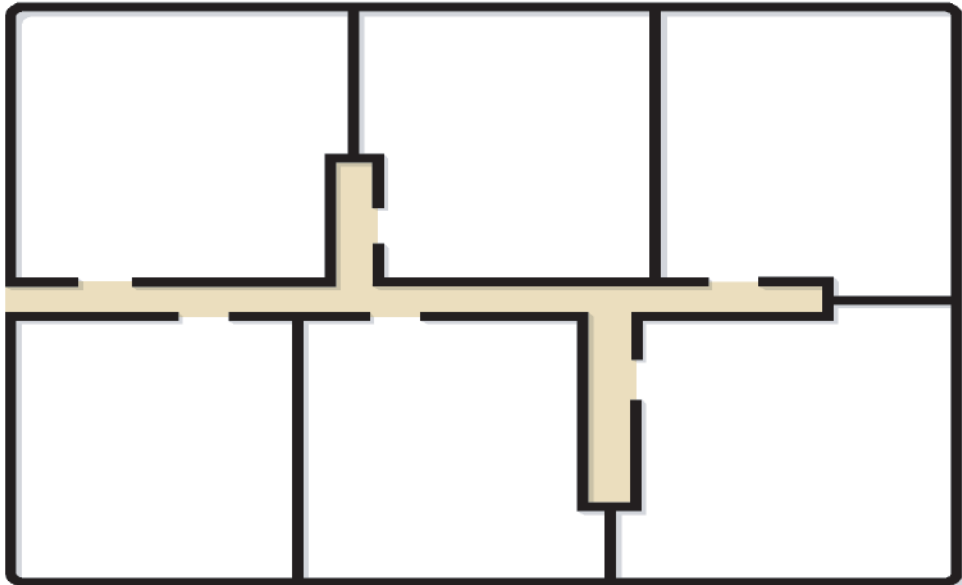
# Jesus is the way to the Father



5th Sunday of Easter, Year A

Jesus tells us that there are many rooms in His Father's house and that he has prepared a place for each of us.

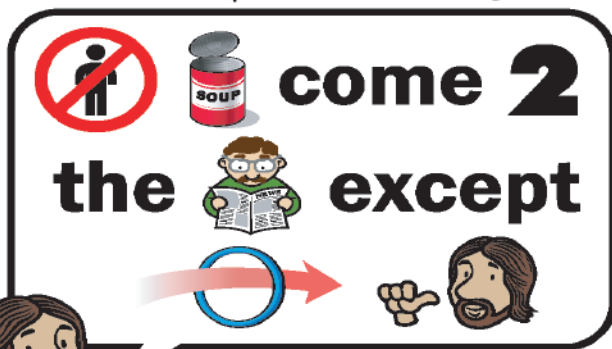
Fill each room with drawings of your family and friends.



Draw an arrow next to the words below which describe the Way, the Truth and the Life that Jesus wants us to follow.

- LOVE
- PEACE
- GREED
- FORGIVENESS
- CONFLICT
- JUSTICE
- SELFISHNESS
- COMPASSION
- HONESTY
- HATRED

Can you decipher what Jesus is saying?



" \_\_\_\_\_ come  
\_\_\_\_\_ the \_\_\_\_\_  
except \_\_\_\_\_ ."

Jn 14:1-12

© Creative Ministry Resources 2005

## Parish Morning Tea

Everyone is welcome to join us every month after our 8 am Mass on the 1st Sunday and after the 10 am Mass on the 3rd Sunday. It provides an opportunity to all parishioners to connect and get to know each other.



# Happy Birthday

## Sam

Everyone in the Parish are truly blessed by your amazing talents. Thank you so much for providing our Parish with your beautiful music through the years. May the Lord shower you with blessings, joy, peace and love on your Special Milestone this year.





# The *Living* Word

**Entrance Antiphon** Cf. Ps 97:1-2

O sing a new song to the Lord,  
for he has worked wonders;  
in the sight of the nations  
he has shown his deliverance, alleluia.

**First Reading** Acts 6:1-7  
**A reading from the Acts of the Apostles**  
*They elected seven men filled with the Spirit and wisdom.*

About this time, when the number of disciples was increasing, the Hellenists made a complaint against the Hebrews: in the daily distribution their own widows were being overlooked. So the Twelve called a full meeting of the disciples and addressed them, 'It would not be right for us to neglect the word of God so as to give out food; you, brothers, must select from among yourselves seven men of good reputation, filled with the Spirit and with wisdom; we will hand over this duty to them, and continue to devote ourselves to prayer and to the service of the word.' The whole assembly approved of this proposal and elected Stephen, a man full of faith and of the Holy Spirit, together with Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolaus of Antioch, a convert to Judaism. They presented these to the apostles, who prayed and laid their hands on them.

The word of the Lord continued to spread: the number of disciples in Jerusalem was greatly increased, and a large group of priests made their submission to the faith.

**The word of the Lord**

**Responsorial Psalm**  
Ps 32:1-2. 4-5. 18-19. R. v.22

**(R.) Lord, let your mercy be on us,  
as we place our trust in you.**

Ring out your joy to the Lord, O you just; for praise is fitting for loyal hearts. Give thanks to the Lord upon the harp, with a ten-stringed lute sing him songs. **(R)**

For the word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love. **(R)**

The Lord looks on those who revere him, on those who hope in his love, to rescue their souls from death to keep them alive in famine. **(R)**

**Second Reading** 1 Pt 2:4-9

**A reading from the first letter of St Peter**  
*You are a chosen race, a royal priesthood.*

The Lord is the living stone, rejected by men but chosen by God and precious to him; set yourselves close to him so that you too, the holy priesthood that offers the spiritual sacrifices which Jesus Christ has made acceptable to God, may be

living stones making a spiritual house. As scripture says: See how I lay in Zion a precious cornerstone that I have chosen and the man who rests his trust on it will not be disappointed. That means that for you who are believers, it is precious; but for unbelievers, the stone rejected by the builders has proved to be the keystone, a stone to stumble over, a rock to bring men down. They stumble over it because they do not believe in the word; it was the fate in store for them. But you are a chosen race, a royal priesthood, a consecrated nation, a people set apart to sing the praises of God who called you out of the darkness into his wonderful light.

**The word of the Lord.**

**Gospel Acclamation** Jn 10:14  
Alleluia, alleluia!

I am the way, the truth, and the life, says the Lord;  
no one comes to the Father, except through me.

Alleluia!

**Gospel** Jn 14:1-12

**A reading from the holy Gospel according to John**  
*I am the way, the truth, and the life.*

Jesus said to his disciples: 'Do not let your hearts be troubled. Trust in God still, and trust in me. There are many rooms in my Father's house; if there were not, I should have told you. I am now going to prepare a place for you, and after I have gone and prepared you a place, I shall return to take you with me; so that where I am you may be too. You know the way to the place where I am going.' Thomas said, 'Lord, we do not know where you are going, so how can we know the way?' Jesus said: 'I am the Way, the Truth and the Life. No one can come to the Father except through me. If you know me, you know my Father too. From this moment you know him and have seen him.' Philip said, 'Lord, let us see the Father and then we shall be satisfied.' 'Have I been with you all this time, Philip,' said Jesus to him 'and you still do not know me? To have seen me is to have seen the Father, so how can you say, "Let us see the Father"? Do you not believe that I am in the Father and the Father is in me? The words I say to you I do not speak as from myself: it is the Father, living in me, who is doing this work. You must believe me when I say that I am in the Father and the Father is in me; believe it on the evidence of this work, if for no other reason. 'I tell you most solemnly, whoever believes in me will perform the same works as I do myself, because I am going to the Father.'

**The Gospel of the Lord**

**Communion Antiphon** Jn 15:1,5

I am the true vine and you are the branches, says the Lord.  
Whoever remains in me, and I in him,  
bears fruit in plenty, alleluia.

**REFLECTION**  
*by Dianne Bergant CSA*  
*The gospel readings for the Sundays just before the feast of Pentecost are all taken from Jesus' last discourse in the Gospel of John. In them, Jesus prepares his followers for his death and resurrection and his ultimate exaltation. This Sunday Jesus says that it is through his death that he goes to God. However, it is as he is raised up in crucifixion that he is exalted. The author of the epistle declares him 'chosen and precious in the sight of God' but it is as the stone that was rejected that he is so honoured. If we ever wonder how the exaltation of Jesus will effect us, we have Jesus' own words of explanation. He promises to go ahead of us and make arrangements for us to share in his exaltation in the house of the one he calls Father. All we need do is follow him.*

*Today's readings suggest that the exaltation of Jesus is most dramatically manifested in the character of the community of those called by his name. It is revealed in the way Christians settle their differences so that all parties are treated fairly. Jesus is the cornerstone upon which this community is built, and the community mirrors his influence in its life. Christians also participate in the exaltation of Jesus by spreading the good news to others. In Acts we see how the witness of life and the preaching of the word of God increased the number of believers.*

© Dianne Bergant CSA

**Welcome to  
Pittwater Parish**  
**Bodhi James Hemmings**  
**Remi-Ross Anne Player**  
**Easton Benjamin**  
**Christopher Edward**  
**Player**  
**Zachary David James**  
**Cannon**  
**Edie Grace Manderson**  
**Tully Jack Manderson**  
**Louis Viggiano Stevens**  
**Ava Lily Malcom**  
**Grace Lauren Terry**  
**at**  
**Sacred Heart Church**  
**Mona Vale**  
**on the**  
**30th of April 2023**  
**for the**  
**Sacrament of**  
**Baptism**



**Advertising Space Available**

*For more information call the Parish Office on 9157 0999*



**PITTWATER DOLPHINS**

BOYS, GIRLS & MIXED TEAMS  
U5s LITTLE DOLPHINS  
AGES U6 - U18



GEAR SUPPLIED | NO REGISTRATION FEES | NO GRADING

**REGISTER NOW!**  
[pittwaterrugby.com.au](http://pittwaterrugby.com.au)



**Electrical  
Plumbing  
Air Conditioning.**

**Ph:(02) 9905 8800**

**We turn up,  
Clean up &  
Guarantee our  
Work !!!**

**GET  
IN TOUCH  
TODAY**

**Compassion,  
care, love,  
understanding  
and support**



Ann, Kate and John of Wilson Family Funerals

Personally, talk to Ann Wilson and her team at Wilson Family Funerals. They have decades of experience caring for Northern Beaches families in their time of need.

*Family operated & 100% Australian owned*

Suite 3, 1440 Pittwater Road,  
North Narrabeen, Sydney  
CALL 02 9913 7131  
[wilsonfamilyfunerals.net.au](http://wilsonfamilyfunerals.net.au)



**WILSON  
FAMILY  
FUNERALS**




**BROCK'S  
— Plumbing —**

YOUR LOCAL PLUMBER  
SERVICING THE NORTHERN  
BEACHES FOR OVER 30 YEARS.

- BLOCKED DRAINS
- PIPE RELINING
- GENERAL PLUMBING
- EMERGENCY HOT WATER
- GAS FITTING

**call now**

**1800 99 58 58**

[www.rapidreline.com.au](http://www.rapidreline.com.au) | [admin@brocksplumbing.com.au](mailto:admin@brocksplumbing.com.au)

**Advertising Space Available**

*For more information call the Parish Office on 9157 0999*



To find out more, call Tamara  
0403226699

Every Girl. Everywhere. Period.




**CATHOLIC  
DIOCESE OF  
BROKEN BAY**

**I have called  
you to renew  
and rebuild.**

**PASTORAL  
WORKS** Broken Bay

Donate to help families and parish communities in Broken Bay.





## LOCAL PEOPLE CARING FOR LOCAL FAMILIES

Our team live, work and play on the Beaches. We understand the local community and we are here for you when you need us most. Whether it's to plan an immediate funeral for a loved one or plan ahead for your own prepaid funeral, we're here to help.


## ANN WILSON FUNERALS

Contact us to find out more.

844 Pittwater Road, Dee Why  
9971 4224


Cnr Barrenjoey Road & Darley Street, Mona Vale  
9979 5978

[annwilsonfunerals.com.au](http://annwilsonfunerals.com.au)



**Part of the local community since 1957**

51 Basset St, Mona Vale  
Ph: 999 3340  
49 Avalon Pde, Avalon  
Ph: 9918 3315




**Serving Northern Beaches Families & Businesses since 1976!**


**Ph: 9913 2624**  
2 Devitt Street  
Narrabeen

**FOR SALE DOWN SIZING?**


Location : Sydney Lakeside  
Private Residential Estate  
2 Bed, 1 Bath , 3 Car spaces  
& Storage  
Sunroom, Large deck,  
Private Garden  
Flat block  
Functional & Stylish,  
2 Pac Kitchen  
More info :  
[realestate.com.au](http://realestate.com.au)  
Ref: 137967826  
North Narabeen  
Email :  
[stunningcottage21@gmail.com](mailto:stunningcottage21@gmail.com)

**NO RATES, NO BODY CORPORATE FEES, NO WATER BILLS, NO STAMP DUTY.**

**PHONE: 0473359278 CASH PURCHASE NO MORTGAGES**



The Northern Beaches only local family owned and operated funeral company




With over 35 years experience we can guide you with sensitivity and respect your loved one deserves.

*Chris Lee*

- \* 24 hour professional service
- \* Enquire about pre-paid funerals
- \* Unique funerals a speciality

**9999 5211**  
[www.peninsulafunerals.com.au](http://www.peninsulafunerals.com.au)



**Purveyors of Specialty Coffee**

**Driven by a passion for community & quality.**

**Award winning coffee beans available online**  
[www.coffeobros.com.au](http://www.coffeobros.com.au)

**PITTWATER PHARMACY**  
COMPOUNDING CHEMIST



**Ralph Papandrea**  
B.PHARM (Hons) MSc. MPS  
**Len Papandrea**  
B.PHARM. MPS  
**Sam Papandrea**  
B.PHARM. MPS  
**Andrew Snow**  
B.PHARM. MPS

1771 Pittwater Road  
Mona Vale 2103  
Ph: 9999 3398 Fax: 9999 3910

FINE WINE, SPIRITS & BEER

**FLEET STREET**

MERCHANTS

**PAUL BOTTERO**

1755 Pittwater Road  
Mona Vale NSW 2103

Phone: 9999 3055  
Fax: 9999 3055

HUNTER ESTATE AGENTS

Agency of the Year  
Emera Heights



**Duane Hunter**  
0415 708 992  
9970 7220

Follow us on  
f  
duanehunterhea